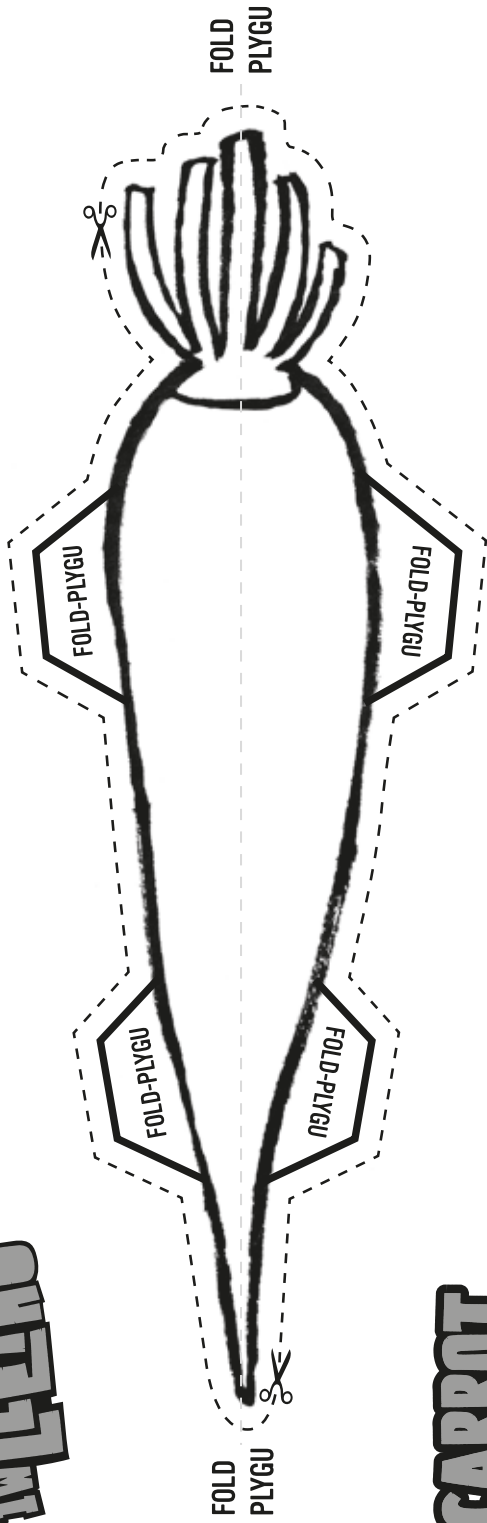


**EAT THEM
TO DEFEAT THEM**

**BNYTENCHYLYSTIAU
IMPLENDU**

TastEd



**CARROT
MORONEN**

For instructions, fun facts and taste education ideas, head to: VegPower.org/cymraeg

Am gyfarwyddiadau, ffeithiau difyr a syniadau ar gyfer dysgu am wahonol ffasiâu, ewch i: VegPower.org/cymraeg

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